

# Elmhurst Practice-Local Sexual Health and Family Planning Clinics

## **Whipps Cross Hospital**

0208 535 6535

### **Services:**

- ✓ Sexual Health Screening inc HIV

### **Walk in Times**

Mon 8.30-5.30pm  
Wed 12.30-5.30pm  
Thur 12.30-3pm  
Fri 8.30-11am

## **Silverthorn Medical Centre**

2 Friars Close, Chingford E4 6UN  
0208 430 7210

### **Services:**

- ✓ Emergency Contraception
- ✓ Long Acting Contraception e.g  
Coil/Implant
- ✓ Pregnancy Testing
- ✓ Chlamydia test

### **Clinic Times**

Wed 5-7.30pm

## **Loxford Polyclinic**

417 Ilford Lane, Ilford, IG1 2SN  
0208 822 3749

### **Services:**

- ✓ Emergency Contraception
- ✓ Long Acting Contraception e.g.  
Coil/Implant
- ✓ Pregnancy Testing
- ✓ Chlamydia test
- ✓ Free condoms

### **Walk in Times**

Mon 5-7.30 pm  
Tues 1-4.30 pm & 5-7.30pm  
Thurs 5-7.30 pm  
Sat 9-11.30 am & 2-4 pm

## **Hainault Health Centre**

Manford Way, Chigwell, IG7 4DF  
01708503838 (option 5)

### **Services:**

- ✓ Emergency Contraception
- ✓ Long Acting Contraception e.g.  
Coil/Implant
- ✓ Pregnancy Testing
- ✓ Chlamydia test
- ✓ Free condoms

### **Walk in Times**

Mon 9-12 am, 1-4.30 pm & 5-7.30 pm  
Thurs 5-7.30 pm

**We offer free urine Chlamydia and Gonorrhoea testing  
at the surgery- ask the receptionist, nurse or GP**



**FOR MORE ADVICE ON SEXUAL HEALTH IN REDBRIDGE  
PLEASE VISIT**

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